

Wideopen Football Club

Covid-19 Risk Assessment



The aim within Wideopen FC is to provide a safe environment for all players, parents / guardians, coaches and volunteers following guidance from the Government, The FA, Northumberland FA and any relevant guidance from the leagues our teams are part of.

Drafted by	John Harbottle	Position	Vice President
Signature	<i>J. Harbottle</i>	Date	19 th July 2021

Checked and Approved by	Dave Swan	Position	Secretary
Signature	<i>D. Swan</i>	Date	19 th July 2021

Checked and Approved by	Mick Fawcett	Position	Chairman
Signature	<i>M. Fawcett</i>	Date	19 th July 2021

Covid-19 Officer: Initial enquiries to John Harbottle (Covid-19 Group - Committee)

Wideopen Football Club – Covid-19 Risk Assessment Arrangements

Area of Concern	Arrangements	What is needed? Important additional notes
Please note carefully	<p>Coaches / Team secretaries will need to build in time prior to training sessions and games to check all participants have undertaken self-screen checks – any who have not must go through self—screen with the coach / team secretary. FA and club guidance and requirements must be re-enforced with players and parents. Use of QR codes / NHS Test & Trace continues to be recommended. Appropriate cleaning of shared equipment before and after sessions / games must be completed.</p> <p>Parental consent must be given before any players can participate in training or games.</p>	<ul style="list-style-type: none"> ● Familiarity with guidance from the Government and The FA, as well as Wideopen FC guidance, Risk Assessment and Medical Emergency Action Plan. ● Parental Consent form completed – see page 6 of The FA Safeguarding Risk assessment Guidance.
Anyone showing signs of Covid-19 symptoms	<p>Self-screen check list prior to each training session / game:</p> <ul style="list-style-type: none"> ○ High temperature (above 37.8c) ○ New continuous cough ○ Shortness of breath ○ Sore Throat ○ Loss or change in normal sense of taste or smell ○ Generally feeling unwell ○ Persistent tiredness ○ Been in close contact with /living with a suspected or confirmed case of Covid-19 in the previous two weeks ○ You or anyone in your household/bubble self-isolating whilst waiting for a test or test results for Covid-19 <ul style="list-style-type: none"> ● If anyone displays any of the above symptoms they should follow Government guidance. Please also inform team coach and club official(s). Confidentiality is expected. ● Any player, coach, parent / guardian showing Covid-19 symptoms during activities must be sent home to self-isolate immediately – this should be reported to club officials 	<ul style="list-style-type: none"> ● Coaches / Team Secretaries must share this information with parents / guardians / players ● Coaches must check that all players have completed the self-screen checks and they are negative (see page 10 of The FA’s ‘Covid-19 Safeguarding Risk Assessment Guidance 16th July’ document – if players have not, coaches should ask the health check questions before players take part in any activity ● Club to keep a record of any reported symptoms
Travel to training sessions, friendlies or games	<ul style="list-style-type: none"> ● Players and officials may travel to games avoiding busiest times and routes, minimising unnecessary journeys and following Government guidance on safer travel ● Any player (or official) unable to follow travel guidance should contact their team official to discuss alternatives, including non-attendance where necessary ● Any player or official (or parent / guardian) showing symptoms of Covid-19 should not travel to the venue or attend and should self-isolate in accordance with government guidance ● Everyone using their vehicle in connection with football club activities is advised to regularly clean the inside of their vehicle and door handles that are likely to have been touched 	<p>Shared use of transport is not recommended</p> <p>Where transport is shared, to minimise risk, actions could involve open windows, passengers in the back seat away from the driver, using face coverings</p>
Players arriving on-site	<ul style="list-style-type: none"> ● Parents / guardians must be advised of arrangements prior to arrival ● Parent / guardian must have signed consent form to agree to their child taking part and agree to the measures the club has put in place ● Players come with kit on ● What to do on arrival - players must make their way immediately to where their coach has set up – avoid mixing with others / avoid close contact with others ● Bring and use own hand sanitiser 	<ul style="list-style-type: none"> ● Coaches use Matchday app to inform parents / guardians / opposition coaches ● Where players have already signed a consent, no further consent is required. However, parents / guardians of new players must provide consent – see page 6 of the FA’s Covid safeguarding guidance for wording to be used

	<ul style="list-style-type: none"> • Bring own water bottle & medication with name on • Parents / guardians to avoid close contact • Coaches are advised to keep a written record for 21 days of attendees per session for NHS Test and Trace. If necessary, the committee may ask for sight of these at any time, certainly in cases where an individual reports symptoms • Parents / guardians (home and away) are encouraged to use the NHS QR code to record their attendance. (Where they do not have a smart phone to do this, they can access the club's online form at http://www.widopenfc.net/covid.html) 	
Access to training areas / pitches	<ul style="list-style-type: none"> • Avoid close contact when entering / leaving – passing others 	
Training session / games	<ul style="list-style-type: none"> • Regular cleaning of shared equipment is expected / certainly before and after use • No spitting • Chewing gum, which may spat out, can be high risk and is strongly discouraged • Goal celebrations involving contact – e.g. hugging, high-fives are not recommended • All spectators must maintain social distancing 	<ul style="list-style-type: none"> • Sanitiser • Constant reminders to players and all involved about handling items and good hygiene practice
Equipment	<ul style="list-style-type: none"> • Anyone handling equipment is encouraged to use sanitiser before and after handling • All equipment appropriately cleansed • When equipment is used from clubhouse, all surfaces touched must be cleansed 	<ul style="list-style-type: none"> • Sanitiser • Cleansing materials / wipes
Players pick-up	<ul style="list-style-type: none"> • Avoid close contact with other players / parents / guardians when meeting in car parks • Regularly use sanitiser 	
Refreshments	<ul style="list-style-type: none"> • All players bring own drinks bottles marked with their name and do not share • Clearly marked additional items such as sun cream, medication • Bottles and other items stored safely in designated area, suitable distanced to avoid close contact 	<ul style="list-style-type: none"> • Parents informed • Coach to supervise and arrange
First Aid / Injuries (High Risk)	<ul style="list-style-type: none"> • When dealing with injured players, coaches must wear gloves and face masks • Minor injuries dealt with by player under coach supervision • If a player gets injured and one parent / guardian is in attendance for safeguarding reasons, that person can aid in the treatment of the injury • Major injuries / emergencies – coach wears face mask / covering and gloves whilst waiting for emergency services (emergency situation defined as life or limb threatening – government guidance to be followed on resuscitation – see First Aid information below relating to mouth-to-mouth resuscitation and face shields) • Where First Aid items or PPE is soiled, this must be disposed of correctly (yellow bags - double-bagged if necessary and club official notified of its location) • Parents in phone contact 	<ul style="list-style-type: none"> • First Aid bag checked • Gloves used to handle items • Face masks available to coaches • Injuries must be recorded
Clubhouse (High Risk)	<ul style="list-style-type: none"> • The clubhouse may be open – to avoid close contact, there should be no long-term access or use • Face coverings / masks must be worn while in the clubhouse • Toilets are available. Access must be on an individual basis. • Anyone entering the building must use hand sanitiser. • Observe good hygiene / hand-washing • Checking sanitiser, paper towels, soap dispensers 	<ul style="list-style-type: none"> • Coaches regularly remind everyone about importance of good hygiene • Coaches monitor correct access to and exit from clubhouse – use of sanitiser, avoid nip points. • Avoid close contact especially for any prolonged period of time

Changing Rooms (High Risk)	<ul style="list-style-type: none"> • Changing rooms can be used • To minimise close contact, each team should use two changing rooms dividing their players between them • Use of face covering / masks is recommended • Surfaces should be cleansed after use 	
Player Kit (Medium / High Risk)	<ul style="list-style-type: none"> • Players should have been allocated their own kit and are responsible for bringing it to games clean as well as taking it home after games to wash / clean themselves • Senior players have to have squad numbers 1-11 so arrangements must be agreed about taking kit home to wash and ensuring it is taken to next game to be use by selected players. Need for minimum handling of clean kit recognising it may be passed on to another player. Although not recommended, if kit is collectively gathered and centrally washed, individuals sorting this must use gloves and recommended face covering. After washing, again kit should be handled minimal amount and gloves should be used before including when handing out at next game 	
Litter	<ul style="list-style-type: none"> • Litter bins are available near entrance to 3G and adjacent to main clubhouse entrance • Coaches are asked to remind players and spectators to take their own rubbish home with them or deposit it in the litter bins • Coaches are encouraged to cast an eye over their training area / pitch to check for litter and, if possible, remove - ensuring their own safety by using gloves to do so 	<ul style="list-style-type: none"> • Coaches have gloves in First Aid bags

First Aid – additional points: this is a brief summary from [Government advice](#), [St. John’s Ambulance](#) and the [Resuscitation Council](#).

In emergencies relating to life and limb, call 999. Rescue breaths / mouth to mouth ventilation is not recommended – perform chest compressions only. Cardiac arrest in children is more likely due to a respiratory problem so chest compressions alone may not be enough. If a decision to perform mouth-to-mouth is taken, a resuscitation shield must be used and this should be a one-way type. Coaches are expected to ensure they have familiarised themselves with expectations and advice about dealing with injuries and emergencies in the current situation as a summary can not cover all relevant advice.

A variety of guidance was originally used to put this document together including the following:

This is a constantly changing situation and this is a ‘living document’ – it may be changed based on guidance from the Government and The FA. Everyone is expected to keep up-to-date with latest guidance which may supersede this document. If uncertain, contact committee members for advice.